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## **Requirements and the infection protection specifications**

1. During the entire training and exercise units, a distance of at least one and a half meters must be maintained between all people present.
2. The minimum distance of 1.5 m also applies and especially for the transport vehicles parked in the paddock !!! Please be sure to observe and comply with them.
3. Training and exercise units may only take place individually (no group training)
4. The used sports and training equipment must be carefully cleaned and disinfected after use. (If a motorcycle is used by several riders)
5. Contacts outside of the training and exercise times are to be kept to a minimum, while maintaining a safety distance of at least one and a half meters
6. Please do not form groups in the paddock
7. The toilet in the clubhouse (basement) can only be entered and left at different times. It is important to wash your hands thoroughly!
8. The athletes have to change outside the sports facility (in the car / van / trailer).
9. A responsible person is named for each training and exercise measure, who is responsible for compliance with the specified requirements. The instructions of this person must be followed!
10. Every training participant, every accompanying person and every visitor must register in the training office.

